



# FEBRUARY



**St. Mark's**  
 EPISCOPAL SCHOOL  
 Fort Lauderdale

Est. 1959

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Available Daily:</b> • Deli, soup, and salad bar • Baked white or sweet potato and fixings (Grades 3-8) • Snackables (Early Childhood Only)	30	31	1 Chicken Tenders Mashed Potatos Corn Fresh Fruit	2 Jet's Pizza Ice Cream Day Fresh Fruit
5 Grilled Cheese Sandwich Tomato Soup Tater Tots Carrots Fresh Fruit	6 Cheese Ravioli w/Meat Sauce Fresh Broccoli Garlic Bread Fresh Fruit	7 Cheeseburgers, Veggie or Plain Burgers French Fries or Sweet Potato Fries Cookie Day	8 Chicken Tenders Mac-n-Cheese Corn Fresh Fruit	9 Downtown Pizza Ice Cream Day Fresh Fruit
12 Chicken Filet Sandwich Tomato Soup Tater Tots Carrots Fresh Fruit	13 Bowtie Pasta w/Meat Sauce Garlic Bread Fresh Broccoli Fresh Fruit	14 Domino's Pizza Ice Cream Day Ice Cream	15 <b>Early Release</b>	16 <b>Winter Break</b>
19 <b>Winter Break</b>	20 Spaghetti w/Meat Sauce Garlic Bread Fresh Broccoli Fresh Fruit	21 Cheeseburgers, Veggie or Plain Burgers French Fries or Sweet Potato Fries Cookie Day	22 Chicken Penne Pasta Garlic Bread Green Beans Fresh Fruit	23 Galaxy Pizza Ice Cream Day Fresh Fruit
26 Fried Fish (Cod) Mac-n-Cheese Coleslaw	27 Penne Pasta w/Meat Sauce Garlic Bread Fresh Broccoli Fresh Fruit	28 Zone Fresca Chicken Quesadilla Black Beans and Rice Tortilla Chips	1	2