



St. Mark's
EPISCOPAL SCHOOL
Fort Lauderdale

SOAR

(Social Opportunities Academic Recreation)
OFFERINGS FALL 2017

Monday: Sept. 11, 18, 25; Oct. 2, 16, 23, 30; Nov. 6, 13, 27; Dec. 4, 11

LITTLE GOURMET CUISINES Grades: PK3–K: 2:45–3:45 p.m. Instructor: Chef Vanessa

Course Description: Students will learn how to cook healthy meals under a gourmet chef's instruction. They will learn a new dish every class! **Course Fee: \$320 (includes \$20 materials fee)**

BASKETBALL PK3–K: 2:30–3:15 p.m. Instructor: Steven Allen III

Course Description: Enjoy learning and playing the game of basketball from coaches that have played at the highest levels. No matter the skill level – We focus on leadership, communication, teamwork, and passion while teaching fundamentals and innovative drills. Building a better healthier athlete. Awards given at the end of course. **Course Fee: \$260 (\$20 equipment fee included)**

MARTIAL ARTS Grades: PK3–K: 2:30–3:15 p.m. Grades: 1–4 3:30–4:15 p.m. Instructor: Karate America

Course Description: Students build strength, flexibility, and coordination. The skills of courtesy, respect, discipline, and confidence are taught through this complete self-defense program. **Course Fee: \$360**

YOUNG ENGINEERS CLUB Grades: PK3–K: 2:30–3:15 p.m. Instructor: John DeMartin

Course Description: In this club, our Young Engineers, girls and boys alike, will experience large-scale construction and life-sized creative play with materials that are fun to pick up, play and build with. Materials like: "Boxes, Bricks, and Blocks" and "Marble Ramps & Pathways"; projects like: "Carnival Games" and "My Pet Squiddy a/k/a Cartesian Diver". **Course Fee: \$360**

MAKERS CLUB Grades 1–4: 3:15–4:15 p.m. Instructor: John DeMartin

Course Description: kids are encouraged to think creatively and work collaboratively as they solve "simple" engineering design challenges and complete hands on projects that combine elements of art, science and engineering. Challenges like "Tin Foil Towers" and "Pasta bridges"; projects like "Be a Detective," "Magic Tricks and Optical Illusions," "Creepy Crawlies" and "Design and Build Your Own Mini Golf Course". **Course Fee: \$360**

Tuesday: Sept. 5, 12, 19, 26; Oct. 3, 10, 17, 24; Nov. 7, 14, 28; Dec. 5

BEAKERS & BUGS Grades: PK3–K: 2:30–3:30 p.m. Instructor: Ladybug Lori

Course Description: Everything from live insects and reptiles to fossils and gems! A unique educational experience! Take homes and supplies included! **Course Fee: \$240**

IMAGINE ART Grades: PK3–Grade 2: 3:00–3:45 p.m. Instructor: Elvira LaMontagne

Course Description: Learn the master's techniques to paint your own Masterpieces, including animals and landscapes. There will be an exhibition at the end of session with an Award Certificate. **Course Fee: \$260 (includes \$20 materials fee)**

SOCCER SHOTS! Grades: PK3–K: 2:30–3:15 p.m. Grades: 1–3 3:15–4:00 p.m. Instructor: Coach Danny

Course Description: Students will learn basic soccer skills with this age appropriate curriculum, while having fun and improving gross motor and coordination. **Course Fee: \$260 (Plus \$20 equipment fee.)**

Wednesday: Sept. 6, 13, 27; Oct. 4, 11, 18, 25; Nov. 1, 8, 15, 29; Dec. 6

YOGA Grades: PK3–Grade 4: 3:30–4:15 p.m. Instructor: Lauren Fraser

Course Description: A beginners yoga class to introduce simple poses to improve students flexibility and strength. A mini-meditation section will help students learn to focus on their own goals and intentions. **Course Fee: \$240**

DRAMA Grades: 2–8: 3:30–4:30 p.m. Instructor: Julie Williams

Course Description: Drama class will introduce our students to the art of acting. Improv. games, script reading, diction, accents, and voice projection for the stage. **Course Fee: \$240**

SEWING Grades: 2–8: 3:15–4:15 p.m. Instructor: Tracy Michko

Students will be making a wardrobe with a Kids Can Sew pattern book. Students will learn how to thread a sewing machine, run a bobbin and use the machine to make their projects. Students will select their own fabrics, cut them, and use simple patterns and basic garment construction techniques. Fabric is NOT included, and students will have to choose and bring their own materials after directions from the instructor. **Course Fee: \$240**

(Additional offerings on the reverse side.)

Thursday: Sept. 7, 14, 21, 28; Oct. 5, 12, 19, 26; Nov. 2, 9, 16, 30; Dec. 7

BEAKERS & BUGS **Grades: PK3–K: 2:30–3:30 p.m.** **Grades: 1–4: 3:45–4:45 p.m.** **Instructor: Ladybug Lori**

Course Description: Everything from live insects and reptiles to fossils and gems! A unique educational experience! Take homes and supplies included! Now including STEAM (Science, Technology, Engineering, Arts, Mathematics) activities to enhance your child's mind. **Course Fee: \$220**

DANCE & TUMBLING **Grades: PK3–K: 2:30–3:15 p.m.** **Grades: 1–3: 3:30–4:15 p.m.** **Instructor: Miss Wendy**

Course Description: Students will practice coordination while learning upbeat dance routines to today's top kid and party songs! The class will teach students how to participate in obstacle courses, across the floor exercises, dancing with props and building self-confidence all while having fun at the same time! **Course Fee: \$260**

Friday: Sept. 8, 15, 22, 29; Oct. 13, 27; Nov. 3, 10, 17; Dec. 1, 8

STEEL DRUM BAND **Grades: 3–4: 3:00–3:45 p.m.** **Grades: 5–8: 3:45–4:30 p.m.** **Instructor: Ron Hughes**

Course Description: Learn to play the steel pan drums from expert drummer Ron Hughes. No experience or music reading ability necessary! **Course Fee: \$350**

BASKETBALL **Grades: 1–3: 3:00–4:00 p.m.** **Grades: 4–8: 4:00–5:00 p.m.** **Instructor: Steven Allen III**

Course Description: Enjoy learning and playing the game of basketball from coaches that have played at the highest levels. No matter the skill level – We focus on leadership, communication, teamwork, and passion while teaching fundamentals and innovative drills. Building a better healthier athlete. Awards given at the end of course. **Course Fee: \$240 (\$20 equipment fee included)**

PRIVATE MUSIC LESSONS

Course Description: All lessons are 30 minutes with one-on-one instruction time. Exact times are scheduled as students register. **Fee for all lessons is \$40.**

PIANO/VIOLIN (K–8)	Tuesday by appointment Instructor:	Ms. Wallace
GUITAR (4-8)	By appointment Instructor:	Mr. Hand
VOICE (4-8)	By appointment Instructor:	Mrs. Cowley
FLUTE (4-8)	By appointment Instructor:	Mrs. Andris
PERCUSSION/DRUMS (4-8)	By appointment Instructor:	Mr. Hughes

Drop-out deadline for all enrichment classes is September 30, 2017. After September 30, the full course fee will be charged and no refunds will be given.